

**I willingly release any need for struggle.
Everything comes to me easily and effortlessly.
I deserve all the good that is coming into my life now.**

I am powerful and I am loving.
I have much to give to this world.
I am a person of worth.
I deserve love.
I am a capable person.
My life has meaning.
My life is unfolding perfectly.
There is plenty of time.

I now have enough TIME, WISDOM, ENERGY and MONEY
to accomplish all of my desires.

*I work with a sense of urgency.
I make every minute count!*

I love making calls. The phone is my friend. Follow-up is my favorite thing to do.

*I make decisions easily and I am pleased with the decisions that I make.
I love myself! I love life! I feel exhilarated!
Every cell in my body vibrates with good health, energy and vitality.*

I exude a professional Mary Kay image & attitude. I look the part, act the part and sound the part every day.

*I love to book.
Booking is FUN and EASY for me.
My business is booming!
I have more bookings than I can hold
and so I dovetail one or two classes every week.*

**I always do what I say I will do.
I am a woman of my word.
Everything I do turns into success.
My business is booming!**

**I am slim and trim and toned and radiant and full of good health, energy and vitality.
Everything is coming to me easily and effortlessly. The door to my good is always open.**

"This year I have broken through, once and for all, all of the mental and emotional barriers that have blocked my way to becoming the full and beautiful person God created me to be. I have discarded the previous patterns that were nonproductive. Every day I move easily and effortlessly toward the fulfillment of my purpose on this earth. I know that I AM WORTHY and that I AM LOVED. As I grow into the fullness of the person I am meant to be, I am able to support, encourage and empower others so that they, too, may open to their full potential."